

Teri J. Cox (Kraf), R.N., M.S. CLNC

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Executive Summary

I am an experienced health care executive with over 30 years experience. I have a demonstrated ability to lead and manage complex projects and individuals in diverse settings. My professional skills have been honed in various businesses and programs including managed care, disease management, Medicare Advantage programs for the chronically ill, hospital administration, and randomized clinical trial development and administration.

I established a firm which provides consulting services to health systems, attorneys, insurance companies, hospitals and risk management entities. We act as collaborators, strategists, researchers, experts and educators. We offer informed support for the design, development and implementation of care management programs for the government and private industries. We work with attorneys providing support, research, education, and report writing for a variety of medical and legal matters.

I have extensive expertise in strategic planning, program development and implementation, team building, staff development, budget management, and have exceptional written and oral communication skills.

I authored and implemented best practice guidelines and clinical management algorithms in a commercialized “expert medical system” designed for use with the chronically ill and frail adult U.S. population. These algorithms and clinical guidelines supporting this “expert system” are in use today by major health plans, thousands of physicians, and tens of thousands of patients. Positive outcomes of these algorithms have been well documented.

I have successfully led NCQA (National Committee for Quality Assurance) accreditation projects and have prepared Medicare randomization trial applications and have been awarded 5 such trials.

Career Highlights

President/Owner of a Nurse Consulting firm

Established a nurse consulting business which specializes in grant writing, implementation of care management projects and legal nurse consulting. Developed programs for the care of Medicare patients with complex chronic diseases; including those with cardiac, cerebrovascular, respiratory and diabetic disease. Implemented a palliative care/end of life program. Consulted on cases involving medical malpractice, personal injury, and treatment of prisoners in correctional health facilities and managed care litigation.

Designed, Developed, and Implemented Disease Management Programs

Developed electronic Disease Management systems and programs for the chronically ill with emphasis on cardiovascular disease, cerebral vascular disease, respiratory disease, diabetes, preventive health, end of life/palliative care, frail elderly, and complex comorbid chronic care.

Developed evidence-based guidelines for: population risk stratification, best practice interventions for the physician, patient, and other caregivers, including process workflows and outcomes criteria for quality evaluation and reporting. These programs are currently in use by major health plans covering in excess of 2,000,000 Commercial lives and 300,000 plus Medicare lives. Improvements in all areas such as cost, quality, and satisfaction have been demonstrated and validated by outside groups since 1996.

Designed/Developed and Integrated Best Practice Clinical Algorithms

Authored clinical algorithms and guidelines for physician management of patients with complex disease, including cardiovascular disease, cerebral vascular disease, respiratory disease, diabetes, preventative care, and end of life/palliative care. These high-value clinical approaches have been adopted and are currently in use by both government accrediting groups and large health plans.

Authored and led a group of health professionals in developing clinical algorithms for the management of the chronically ill patients enrolled in Disease Management programs. These interactive algorithms allow for the optimal management of each individual patient including appropriate pharmacological use, testing and procedures, diet and exercise.

Received Numerous Government Grants and Demonstration Awards

Awarded five (5) randomized demonstration projects from the Centers for Medicare and Medicaid Services (CMS).

Received approval from CMS to market a special needs program for the chronically ill senior in rural and suburban markets. Program aspects of my responsibility included formulary development, quality measurement and reporting, stratification guidelines for case management, utilization reviews, appeals and grievances, and development of physician and patient materials.

Earned NCQA Accreditation

Led the team to the *first* disease management accreditation award from the National Committee for quality assurance. We received accreditation in 2002, 2005, and 2008.

Designed, Developed, and Evaluated Quality Indicators

Led a team that developed quality indicators for diseases including cardiovascular, cerebral vascular, diabetes, respiratory disease, and end of life, many of which have been adopted by government agencies and health plans and are in use today.

Clinical Education and Training

Developed curriculum, workbooks, and instructional manuals for several diseases to be used by nurses, physicians, and patients. These manuals are in use today with several health plans. Topics included cardiovascular, cerebral vascular, diabetes, respiratory disease, preventative care, and end of life/palliative care.

Employment History

TCK Consulting, LLC, New Jersey, New York and Florida

President/Owner

Consulting Services Firm. Specializing in Legal Nurse Consulting, Grant Writing, Disease Management Program Development as well as other health/business projects.

QMed, Inc., Eatontown, New Jersey

Senior Vice President of Health Management Services (HMS)

Responsible for all aspects of the HMS Group including administrative, clinical, fiscal, team building, and staff development.

Bellevue Hospital/New York University Medical Center, New York, New York

Director of Emergency Services

Administrative and clinical responsibility for over 200 employees of a very large and world-renowned emergency department. I successfully led a hospital-wide project that granted Bellevue Hospital its first Primary Trauma Center status from JCAHO.

Cornell University, New York, New York

Adjunct Clinical Instructor

Developed the first emergency/critical care nursing course for graduate registered nurses.

Hunter College/CUNY, New York, New York

Clinical Instructor

Taught undergraduate studies in critical care nursing.

Early Employment History

Held numerous positions as a Staff nurse/Head nurse/Supervisor of Nursing in the emergency room, ICUs, and recovery room at Bellevue Hospital/New York University Medical Center.

Education

Certified Legal Nurse Consultant, April, 2008

New York University, Master of Science and Health Services

Hunter College/CUNY, Bachelor of Science in Nursing

Patent/Publications/Presentations

“Autonomic Neuropathy Detection and Method of Analysis”, Inventor-Teri Kraf (Cox), Patent # 5299110, March 1994.

“Emergency Care: The First 24 Hours”, Boyle, Kraf, etal, Appleton and Lange, 1985.

“Introduction of Ambulatory Electrocardiographic Monitoring in the Diagnosis and Management of Myocardial Ischemia”, American Journal of Medical Quality, Corder, Kraf, etal, 1997; Vol.12, 169-174.

Presented to various organizations such as: CMS (Centers for Medicare and Medicaid Services), Disease Management Associations, National Nursing Organizations and Health Systems

Organizations/Affiliations

AALNC - American Association of Legal Nurse Consultants

- South Florida Chapter – Board Director and Chairman of Education Committee
- New Jersey Chapter – Director at Large and Newsletter Committee

Bay Point Harbour Homeowners Association

- Alternative Dispute Resolution Board Member

Other Accomplishments

A1A Marathon, Fort Lauderdale, FL, 2008

Marine Corp Marathon, Washington, DC, 2007

Avon Walk for Breast Cancer, NY, NY 2006